



**STATE OF TEXAS  
OFFICE OF THE GOVERNOR**

Scoliosis is a musculoskeletal disorder causing an abnormal curvature of the spine. The condition affects people of all ages, genders, races, and backgrounds, but the condition is most common in girls, generally surfacing between the ages of 10 and 15.

While many cases of scoliosis are mild — only one in six diagnosed children require medical treatment — the condition can cause pain and lead to reduced physical activity, pressure on the lungs and heart, and diminished self-esteem. Girls are most likely to need special treatment, and in these cases, options range from wearing a back brace to undergoing spinal surgery.

Screening programs assist with early detection and treatment, which may ward off the worst of the disorder's effects. While there are screening programs in schools, it is also important that parents learn about and recognize the early symptoms of scoliosis.

At this time, I encourage all Texans to learn more about the symptoms of scoliosis. Together, we can make a difference in the health of Texas children.


Therefore, I, Greg Abbott, Governor of Texas, do hereby proclaim June 2020, to be

## **Scoliosis Awareness Month**



in Texas, and urge the appropriate recognition whereof.

In official recognition whereof, I hereby affix my signature this the 1<sup>st</sup> day of June, 2020.

  
Governor of Texas